

## Sample Spain & France Itinerary

### Day 1 Travel to Spain

- ✓ Depart from your local international airport for Barcelona, Spain on an overnight flight

### Day 2 Arrival & Discover Parc Guell

- ✓ Navigo Sports Tour Directors will meet you outside baggage claim and take you to your private team coach bus
- ✓ Check into accommodations
- ✓ Visit to Parc Guell, a public park system made up of gardens and artistic elements designed by Gaudi  
(Sleep Barcelona)



### Day 3 Barcelona Bike Tour & Exhibition Game

- ✓ Discover Barcelona on an unforgettable guided bike tour, one of the best ways to see the city! Sites will include Las Ramblas, the Gothic Quarter, Gaudi's Sagrada Familia, and more
- ✓ Free time for souvenir shopping and exploration
- ✓ **Practice session #1 at nearby field/court**  
(Sleep Barcelona)



### Day 4 Sagrada Familia & Exhibition Game

- ✓ Visit to Gaudi's Sagrada Familia basilica, one of the world's most unique and amazing architectural wonders
- ✓ Free time for souvenir shopping and exploration of Barcelona
- ✓ **Exhibition Game #1 versus local competition**  
(Sleep Barcelona)



### Day 5 Montserrat & Exhibition Game

- ✓ Take the cable car ride up to the summit Montserrat known as Catalunya's most important pilgrimage site and home to one of the best views of the country
- ✓ Visit Montserrat Monastery
- ✓ **Exhibition Game #2 versus local competition**  
(Sleep Barcelona)



## Sample Spain & France Itinerary

### Day 6 Discover Girona & Arrive in France

- ✓ Day trip to Girona, which has a plethora of museums, galleries, and Gothic churches, strung around a web of cobbled lanes and medieval walls
- ✓ Walking tour of Girona to learn about the city's ancient Roman past and rich artistic heritage as we explore the Medieval Quarter & Jewish Quarter
- ✓ Continue to Montpellier and check into new accommodations in France  
*(Sleep Montpellier)*



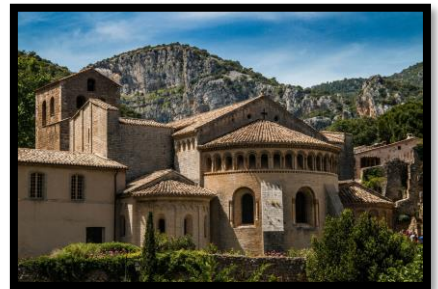
### Day 7 Discover Montpellier & Exhibition Game

- ✓ Walking tour of Montpellier including Plaza de la Comedie, Porte du Peyrou, Montpellier Cathedral and more
- ✓ Free time for souvenir shopping and exploration of Montpellier
- ✓ ***Exhibition Game #3 versus local competition***  
*(Sleep Montpellier)*



### Day 8 Medieval Village Kayaking

- ✓ Visit to the charming medieval village of Saint Guilhem le Desert
- ✓ Kayaking excursion along the Herault river
- ✓ Farewell dinner to wrap-up a remarkable tour  
*(Sleep Montpellier)*



### Day 9 Travel to USA

- ✓ Morning free time before departing to the airport for the group flight home

**Please Note:** This sample itinerary is intended to provide you with an example of a Navigo Sports Tour. All of our trips are customized to match the vision and objectives of the coaching staff and their program. This document merely serves as the foundation for your final tour itinerary. Any unauthorized copying, alteration, distribution, transmission, performance, display or use of this material without express written consent of Navigo Sports Tours is strictly prohibited.

