

Sample Portugal Itinerary

Day 1 Travel to Lisbon

- ✓ Depart from your local international airport for Lisbon on an overnight flight

Day 2 Explore Lisbon Sites

- ✓ Navigo Sports Tour Directors will meet you outside baggage claim and take you to your private team coach bus
- ✓ Check into accommodations
- ✓ Visit the iconic Belem Tower of Saint Vincent, a 16th century fortress and ceremonial gateway to Lisbon
- ✓ Visit nearby Jeronimos Monastery, which is a former monastery of the Order of Saint Jerome
(Sleep Lisbon)



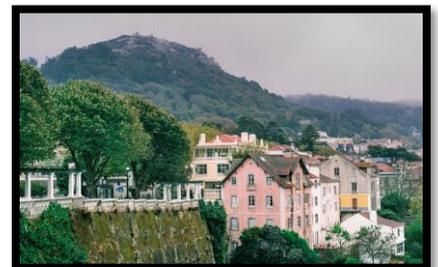
Day 3 Bike Tour of Lisbon

- ✓ Bike tour of Lisbon to learn about its history and some of the city's greatest sites including Praca do Comercio, Castelo de Sao Jorge, Lisbon Cathedral, and more
- ✓ **Practice session at a nearby court/field**
- ✓ Free time for sightseeing & exploration in downtown Lisbon
(Sleep Lisbon)



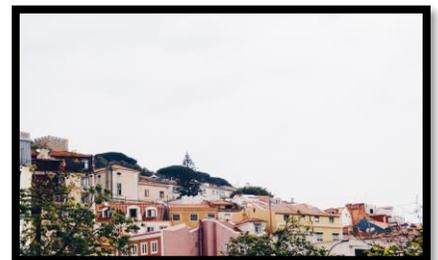
Day 4 Visit Sintra & Exhibition Game

- ✓ Morning departure to visit Sintra
- ✓ Visit the iconic Castelo dos Mouros, castles de Palacio da Pena, and the Cabo da Roca
- ✓ **Exhibition Game #1 versus local competition**
(Sleep Lisbon)



Day 5 Team Kayaking Adventure

- ✓ Team Kayaking Adventure on the coast of Lisbon
- ✓ Free time to relax at the beach
- ✓ Sightseeing and exploration in Lisbon's Alfama District
(Sleep Lisbon)



Sample Portugal Itinerary

Day 6 Explore Tavira & Exhibition Game

- ✓ Morning departure to Portugal's Algarve Coast
- ✓ Visit Tavira to see ruins of a hilltop castle, an old Roman bridge, and cobblestone streets, and the amazing beaches nearby
- ✓ *Exhibition Game #2 versus local competition (Sleep Algarve Coast)*



Day 7 Caves & Dolphin Watching Tour

- ✓ Spend the day on a caves and dolphin watching tour
- ✓ Free time for sightseeing and relaxation at the beach
- ✓ Farewell dinner to wrap-up a remarkable tour (Sleep Algarve Coast)



Day 8 Travel to USA

- ✓ Morning free time before departing to the airport for the group flight home

Please Note: This sample itinerary is intended to provide you with an example of a Navigo Sports Tour. All of our trips are customized to match the vision and objectives of the coaching staff and their program. This document merely serves as the foundation for your final tour itinerary. Any unauthorized copying, alteration, distribution, transmission, performance, display or use of this material without express written consent of Navigo Sports Tours is strictly prohibited.

