

Sample Portugal Itinerary

Day 1 Travel to Portugal

- ✓ Depart from your local international airport for Lisbon, Portugal

Day 2 Explore Lisbon Sites

- ✓ Navigo Sports Tour Directors will meet you outside baggage claim and take you to your private team coach bus
- ✓ Check into accommodations
- ✓ Visit the iconic Belem Tower of Saint Vincent, a 16th century fortress and ceremonial gateway to Lisbon
- ✓ Visit nearby Jeronimos Monastery, which is a former monastery of the Order of Saint Jerome
(Sleep Lisbon)



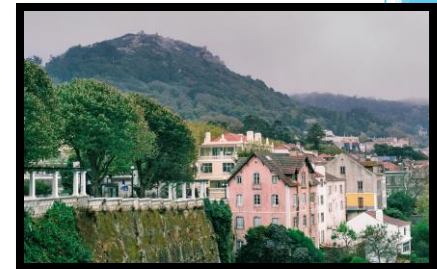
Day 3 Bike Tour of Lisbon

- ✓ Bike tour of Lisbon to learn about its history and some of the city's greatest sites including Praca do Comercio, Castelo de Sao Jorge, Lisbon Cathedral, and more
- ✓ Practice session at a nearby court/field
- ✓ Free time for sightseeing & exploration in downtown Lisbon
(Sleep Lisbon)



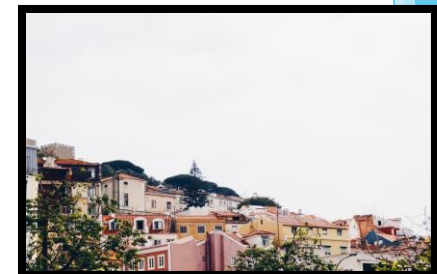
Day 4 Visit Sintra & Exhibition Game

- ✓ Morning departure to visit Sintra
- ✓ Visit the iconic Castelo dos Mouros, castles de Palacio da Pena, and the Cabo da Roca
- ✓ Exhibition Game #1 versus local competition
(Sleep Lisbon)



Day 5 Team Kayaking Adventure

- ✓ Team Kayaking Adventure on the coast of Lisbon
- ✓ Free time to relax at the beach
- ✓ Sightseeing and exploration in Lisbon's Alfama District
(Sleep Lisbon)



Sample Portugal Itinerary

Day 7 Explore Porto & Exhibition Game

- ✓ Morning departure to Porto by train
- ✓ Walking tour of Porto starting at the Ponte Luis I - on one side you have the old town area and Cathedral, on the other are the Port wine houses of Vila Nova de Gaia
- ✓ **Exhibition Game #2 versus local competition**
(Sleep Porto)



Day 7 River Douro Cruise

- ✓ Scenic boat cruise of the River Douro, which passes under the famous city bridges
- ✓ Free time for sightseeing and exploring Porto
- ✓ Farewell dinner to wrap-up a remarkable tour
(Sleep Porto)



Day 8 Travel Home

- ✓ Morning free time before the group travels back home

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