

Sample Finland Itinerary

Day 1 Travel to Finland

- ✓ Depart from your local international airport for Helsinki, Finland on an overnight flight

Day 2 Arrival & Explore Helsinki

- ✓ Navigo Sports Tour Directors will meet you outside baggage claim and take you to your private team coach bus
- ✓ Check into accommodations
- ✓ Tour of Helsinki to visit sites such as Senate Square, Uspenski Cathedral and the Sibelius Monument
- ✓ Late afternoon/evening time to relax
(*Sleep Helsinki*)



Day 3 Coastal Helsinki

- ✓ This morning, explore Helsinki's coast on a 2-hour kayak tour
- ✓ Explore in Market Square, where shops offer contemporary Finnish foods and goodies
- ✓ Practice session at a nearby field/court
(*Sleep Helsinki*)



Day 4 Island of Suomenlinna & Exhibition Game

- ✓ Visit to The Island of Suomenlinna, an old bastion fort
- ✓ Exhibition Game #1 versus local competition
- ✓ Free time for sightseeing and shopping Helsinki
(*Sleep Helsinki*)



Sample Finland Itinerary

Day 5 Day Trip to Tallinn, Estonia

- ✓ Morning departure to Tallinn, Estonia on the ferry
- ✓ Visit Old Town Tallinn, home to cafes and shops, as well as Kiek in de Kok, a 15th-century defensive tower
- ✓ Free time for sightseeing and shopping in Tallinn
(Sleep Helsinki)



Day 6 Helsinki Cathedral & Exhibition Game

- ✓ Visit to Helsinki Cathedral, which was built from 1830-1852 as a tribute to the Grand Duke of Finland, Tsar Nicholas I of Russia
- ✓ Exhibition Game #2 versus local competition
- ✓ Run a youth sports clinic following practice
(Sleep Helsinki)



Day 7 National Park & Farewell Dinner

- ✓ Day trip to Nuuksio National Park, established in 1994, the park spreads over an area of forests and lakes in Espoo, Kirkkonummi and Vihti
- ✓ Enjoy the opportunity to swim, hike, and relax in the park
- ✓ Farewell dinner to wrap-up a remarkable tour
(Sleep Helsinki)



Day 8 Travel Day

- ✓ Morning free time before departing to the airport for the group flight home

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